



KUMEU VILLAGE

LUXURY REST HOME HOSPITAL DEMENTIA CARE
WELLNESS CENTRE AND  THE VINEYARD VILLA



Welcome to
Kumeu Village



WELCOME HOME

Nestled in the heart of Kumeu wine country, overlooking Kumeu River winery and surrounded by picturesque grounds, Kumeu Village is a rest home with a difference.

We don't just care for our residents – we're on a mission to provide a real home, rich with experiences and companionship. Kumeu Village is a true community where our elders can live active and varied lives with autonomy and dignity.

With the Eden Alternative philosophy at the heart of all we do, we're working every day to create a new standard of rest home care and comfort.



MEET OUR TEAM

Opened in March 2015, our home is privately owned by John Kraft and Belinda Brice. They work with our committed and experienced team of nurses, care partners, lifestyle staff, cooks and administrators, to ensure every day at Kumeu Village is enriching, safe and comfortable.

Our team of five managers and reception staff are available around the clock to answer queries or offer help. We pride ourselves on having an open-door policy for residents, families and staff.

Belinda Brice - Owner/General Manager

Belinda is responsible for the continuing health of the Kumeu Village business, ensuring our organisation's key objectives are met and our core philosophies are adhered to.

Alka Chetty - Clinical Nurse Manager

Alka is responsible for supervising our clinical staff, always with the health and wellbeing of our residents as her number-one priority.

Daulette De La Cruz – Director of Nursing

Responsible for leading the delivery of premium care, ensuring the best possible clinical outcomes for our Residents. Working closely with the clinical team to ensure compliance with policies, procedures, regulations and relevant legislation to ultimately provide Residents with the level of care they need.

Cleon Kinghorn – Director HR, Marketing & IT Manager

Cleon is responsible for the Human Resources of 140 employees, while also managing and maintaining the marketing and IT systems.

Georgia Pert – Operations Manager

Organise, manage and direct all operations of our business and ensures the home is running smoothly.

Rita Li – Clinical Coordinator

Rita works closely with Alka and our care staff to ensure our residents receive the best care possible and is the first port of call for family members.

Amanda Sweeney – Administration Manager

Amanda is the first smiling face you'll see when you walk through the door. She assists in helping the home run smoothly and is responsible for welcoming new residents.

Julie Jang – Accounts Manager

Julie oversees all our financial administration, including our residents' individual comfort accounts.

Kristine Estillore – Life Enhancement Manager

Kristine assists the Management team with the day-to-day running and operations of Kumeu Village as well as ensuring that our new elders have a warm welcome to the home. She is also a registered Diversional Therapist and helps to create meaningful activities for Residents.

Dayna Pert – PR Manager

Dayna works remotely and looks after the Public Relations activities for Kumeu Village Families, promoting awareness of our homes in the community.

Dr Nathan Joseph – General Practitioner

Dr Joseph is our in-house doctor and, with the assistance of the clinical team, his first concern is for the health and wellbeing of our residents. New residents are also more than welcome to keep seeing their usual doctor – just ask us how.

CHOICE AUTONOMY DIGNITY

What makes us different

As we get older, some things change – we need more day-to-day support to be comfortable, safe and well. What doesn't change are our personalities, our preferences or our desire to live our own way.

That's at the heart of everything we do at Kumeu Village – and every day, we see the power of care when it comes with respect.



Belinda Brice
Owner



Georgia Pert
Operations Manager



Cleon Kinghorn
Director HR, Marketing & IT Manager



Dr Nathan Joseph
General Practitioner



Alka Chetty
Clinical Nurse Manager

A LIFE TO ENJOY

Our home was founded with the belief that our elders deserve to enjoy their lives, supported by kind, respectful care. To us, that means running our business with love and compassion. We look inwards to meet the physical, emotional and spiritual needs of residents, and outwards to support the people and communities who care for them.



Eat where you please – Residents can eat in the shared dining room, or in their own space – whichever they prefer.



Everyday services at your doorstep – Enjoy going to the hair salon, gym, pool, and see the podiatrist and physio without leaving home.



No set times – We serve each meal within a time range each day, so residents can eat when they're hungry. Residents turn in for the night and wake when they please – not according to our schedules. There are also spontaneous activities during the day depending on what residents want to do that day.



More choice of food – Residents can order something extra from our chefs and bakers if they don't like the two options on the menu, or if they feel like a snack. They can also enjoy sparkling water with their meals – or a glass of wine or beer, whatever tickles their fancy.



Bring your pets – your pets are part of what makes a home and are always welcome.

WHAT IS A HOME?

Our home is organised to offer a wide range of choices, so elders can live the way they want, feel free to try new things and stay connected to friends and family.



PRIVATE, PERSONALISED ROOMS

Our large rooms are comfortable and secure, with high-quality furnishings, and easy access to outside with their own ranch sliders. As well as enjoying fine bed linens, residents can personalise their rooms with their own furnishings and homely possessions. We encourage residents to decorate and arrange their rooms in any way they prefer.



VISIT AS OFTEN AS YOU LIKE

There are no visiting hours – friends, family, children and pets are always welcome to visit or stay. Elders are free to entertain guests, celebrate, and enjoy special time with loved ones, just as they would in their own homes, and families are welcome to stay the night with their loved one to help them settle or when they are unwell.



ROUND-THE-CLOCK CARE

We are staffed 24 hours a day, seven days a week. Our care partners and nurses have been chosen for their professionalism and clinical expertise, alongside a compassionate approach and the ability to relate to and understand our residents.

All staff are also trained in the Eden Alternative Philosophy and attend regular in house trainings.



RESIDENTS' RIGHTS

Our residents are welcome to join the Residents' Council, a team that helps to make key decisions about the day-to-day running of our home. This includes helping to choose the contents of our menus, additions to the home, suggestions to improve our services and welcoming new residents.

If you or a family member wish to obtain the services of an advocate at any time, we can refer you to the Health Advocacy Service, or our local branch of Age Concern.

Ask us for a full copy of our Resident Code of Rights.

ENRICHING ACTIVITIES

Whatever our residents enjoy, we support them to continue. We offer:

- Gardening in raised beds for flowers and vegetables
- Animal therapy
- Outings, either independently or as part of our regular activity schedule
- Clubs and groups – residents can start one, join one of ours, or continue attending their favourite community groups
- Personalised activities based on passions and interests
- Spontaneous activities that residents choose at the time



CORE SERVICES

- 24-hour care
- 24-hour registered nursing
- Doctor visits
- Medication
- Meals
- Activities, fitness classes, and scheduled outings
- Full laundry service

OPTIONAL EXTRAS

- Hairdresser
- Café and Shop
- Personal training and physiotherapy services
- Beauty treatments
- Podiatry services



THE EDEN ALTERNATIVE

We are a Registered Eden Alternative home. That means we treat our residents as we would a friend or beloved family member. This approach to care recognises the importance of treating the whole person – while we care for bodies, we also feed spirits. We encourage new ideas, spontaneous acts of kindness, thoughtfulness and consideration throughout our home, focusing first on the wants, needs and wishes of our residents.

Eden Principles

By combating loneliness, helplessness and boredom we reduce most of the suffering experienced by our elders or residents in aged care, through the Eden Alternative.

The 10 Principles are:

1. The three plagues of loneliness, helplessness and boredom account for the bulk of suffering among our elders.
2. An elder-centred community commits to creating a human habitat where life revolves around close and continuing contact with plants, animals and children. It is these relationships that provide the young and old alike with a pathway to a life worth living.
3. Loving companionship is the antidote to loneliness. Elders deserve easy access to human and animal companionship.
4. An elder-centred community creates opportunity to give as well as receive care. This is the antidote to helplessness.
5. An elder-centred community imbues daily life with variety and spontaneity by creating an environment in which unexpected and unpredictable interactions and happenings can take place. This is the antidote to boredom.
6. Meaningless activity corrodes the human spirit. The opportunity to do things that we find meaningful is essential to human health.
7. Medical treatment should be the servant of genuine human caring, never its master.
8. An elder-centred community honours its elders by de-emphasising top-down bureaucratic authority, seeking instead to place the maximum possible decision-making authority into the hands of the elders or into the hands of those closest to them.
9. Creating an elder-centred community is a never-ending process. Human growth must never be separated from human life.
10. Wise leadership is the lifeblood of any struggle against the three plagues. For it, there can be no substitute.



For more information on the Eden Alternative visit www.edenalt.org or edeninoznz.com.au

SPECIALISED CARE FOR RESIDENTS LIVING WITH DEMENTIA

We have three homes for residents living with dementia; our 20-bedroom Memory Assist House which has been open since March 2015, the Vineyard Villa which was opened in June 2018 and the new Ladybug memory assisted lifestyle home for ladies in nearby Coatesville that opened in June 2020.



Living well with dementia

Our dedicated homes for residents living with dementia are run using Eden Alternative principles, together with the latest interventions in clinical and dementia-specific care.

The care partners who work in these homes are trained in working with elders living with dementia, and are supported by diversional therapists, enrolled and registered nurses and a lifestyle team which runs our animal therapy activities.



Empowering residents

The residents in these homes do their best to make sense of life, despite having few or no short-term memories to help them. At all times we prioritise their comfort, respect their decision-making, and aim to empower them to do as much for themselves as possible.



We encourage our residents to assist with the daily running of the home and to partake in the normal activities of daily living – just as they would if they were still in their own homes.

Washing dishes, preparing meals, folding linen, tending to animals and making household decisions are all tasks that encourage independence and improve communication, motivation and mood.

Freedom to live

Supporting residents to live their lives as normally as possible includes methods such as leaving doors to the garden open to allow walks in the fresh air, and encouraging some elders to make their own hot drinks. However, we ensure the risks of these activities are balanced against the benefits of allowing residents to retain their independence and engage in meaningful activities.

Supporting families

Family members are welcome to visit at any time of the day or night, and we encourage loved ones to take an active role in their elder's life. Family and friends often join us for regular activities such as musical entertainment, church, crafts, walking, gardening, bowls and games.

Loving someone with dementia isn't always easy. That's why we offer support for families and community members living with and caring for people living with dementia.

Our role is one of partnership alongside our residents, their family/whānau and their friends, and we recognise that creating an environment where our residents can live their best lives is about all of us caring together.



MEMORY ASSIST HOUSE

The latest in dementia care

Our Memory Assist House (MAH) is made up of 20 spacious bedrooms, each with a ranchslider to the outside, and adjoining shared ensuites.

Guided by the principles of the Eden Alternative, MAH offers the latest interventions in clinical and dementia-specific care.

Empowering residents

We're empowering elders to retain their independence and do as much as possible for themselves. We respect their decision-making while still ensuring their basic needs are met, and that they are happy and comfortable. This may carry more risk than a traditional institutional home model, so we take every step to ensure these risks are mitigated.

Enriching activities

Our scheduled and unscheduled activities, round table discussions, and social tipples help to combat boredom and loneliness – and we encourage families to become part of this day to day rhythm.

Loved ones always welcome

As part of your loved one's care team, you are welcome to join in activities, share meals and to be involved in medical decisions for your loved one.



THE VINEYARD VILLA

A new model of assisted care

The Vineyard Villa is a unique 15-bedroom home designed and built for residents living with dementia.

Finding joy in the everyday

The Vineyard Villa is set up using a household model, to involve residents in a range of household tasks. Working closely with staff, residents help with cooking and baking in the kitchen, washing and folding clothes in the laundry. These, and other simple activities, are part of daily life for villa residents, giving them purpose as well as simple enjoyment.

Peaceful, beautiful grounds

Set amid two acres of secure, walkable land, our grounds include a farmyard for our ponies, goat, bunnies and chooks, and seating areas with vineyard views.

Caring companions

The Vineyard Villa is part of the main Kumeu Village building, and is overseen by our management and nursing teams, as well as our wonderful cooks.

Safety is of the utmost importance to us; sensor mats are built into beds so that when residents wake, Villa partners can check on them quickly. There is also the option to have a bedroom camera installed for family peace of mind.



The Ladybug

MEMORY ASSISTED LIFESTYLE

The Ladybug is a 15 bedroom 'memory assisted lifestyle' home set on 12 acres of farmland, with an environment specifically designed for ladies living with dementia.

Small Enough to Care

A small number of people living under one roof makes for a family home where everyone is an individual and can make their own decisions.

The Ladybug features an open kitchen, large ground floor bedrooms, access to outdoors, animals (residents can bring their own pets with them), views of rolling hills and space to breathe.

Just like the Vineyard Villa, The Ladybug uses a household model of care where Care Partners work closely with residents on simple household tasks. They prioritise their comfort at all times, respect their decision-making and aim to empower them to do as much for themselves as possible.

Peaceful, Beautiful Grounds

Set amid 12 acres of secure, walkable land and views of rolling hills, our grounds include a tennis court, stables for our ponies and chickens, roaming geese, fruit trees and vines, and plenty of seating areas with gorgeous views.



FOOD

NUTRITIOUS AND BEAUTIFULLY PREPARED

Meal times are an important part of the daily rhythm here at Kumeu Village. We offer good, nutritious food to foster health and wellbeing, but we also provide plenty of opportunities for residents to socialise and enjoy companionship. Our elders are free to choose what, how and when they eat, and this spontaneity makes meals more enjoyable – and more delicious!



CHEERS!

Many residents enjoy a glass of wine or beer with their meals, and are welcome to keep a bottle of their favourite beverage in the fridge or kitchen.



A MOVEABLE FEAST

Our kitchen offers a two-week rotational set menu, as well as à la carte options and a cafe menu. Residents' input into creating the menu ensures we offer food for everyone to enjoy – residents can bring suggestions or recipes straight to the kitchen. Each day follows a similar routine but includes plenty of variety:

- Buffet-style breakfast with toast, cereal, eggs and fruit
- Cooked breakfast on request
- Fresh baked treats every day for morning and afternoon tea
- A hearty lunch including dessert
- High tea twice weekly
- A light dinner followed by supper
- Happy hour every Friday
- Special diets catered to



CAFE ON SITE

Our in-house cafe is a great spot to meet and dine with family and friends. They can enjoy a meal with residents inside or outside underneath the pergola. The cafe makes fresh scones, muffins, homemade pies, toasties, drinks and more, every day, as well as ketogenic treats over the weekend.



CATERING SERVICE

Dining tables and private areas for family parties are available at your convenience, and our kitchen team is available to cater for your celebrations.





HEALTH AND WELLNESS

INDIVIDUAL IN-HOUSE CARE

By closely tending to the physical health and wellbeing of our residents, we help them enjoy their senior years to the full. Our care services ensure Kumeu Village residents can manage their health and wellbeing with dignity and convenience.

INDIVIDUAL CARE PLANS

A registered nurse develops an individual support plan in collaboration with each resident, their family and care partners. This plan outlines likes and dislikes, medical conditions, and any assistance that may be required with personal care. We encourage residents to be open with staff about how much they can do for themselves and what they need help with.

IN-HOUSE DOCTOR

Our doctor runs on-site clinics two to three times a week, or more often if required. Residents are also welcome to

continue seeing their own doctor – just ask us how.

WEEKLY PODIATRY VISITS

A podiatrist attends to any foot-health needs of the residents at a weekly clinic here at the home.

PHYSIOTHERAPY SERVICE

Our registered physiotherapist, Tanja, and physiotherapy assistant/personal trainer, Missy, provide a range of services including rehabilitation, pain management, exercise classes and more. Our activities team are certified group fitness and hydrotherapy instructors and offer classes daily.

MEDICATIONS INCLUDED

The cost of subsidised medications is covered in your Kumeu Village fee.

Medications not on the subsidised medicine list, and most vitamins and supplements can be organised.

SPIRITUAL SUPPORT

At Kumeu Village we are committed to caring for the whole person, which includes providing pathways to practicing religious faith and spirituality.

A preferred spiritual advisor is welcome to visit residents at their convenience, or transport can be arranged to any local place of worship. At the home, a Christian church service is held once a month and communion is available.

CULTURAL IDENTITY

Residents having the freedom to continue living in accordance with their culture and traditions is important to us and, where possible, we will work to ensure your needs are met.

In particular, we are supported by the Raukawa Trust Board to meet the cultural needs of our Māori residents.

ANIMALS



THE JOY OF ANIMAL COMPANIONS

At Kumeu Village, we believe that a life worth living is one that's surrounded by animals. They bring joy to people's lives, offer companionship and are proven to be a form of therapy.

MOVING INTO CARE

To make your loved one's move into care as stress-free as possible, we've outlined some steps you can take. If you need any help along the way, please don't hesitate to get in touch.



1

NEEDS ASSESSMENT

A needs assessment will tell us the level of care your loved one will need. They can:

- Receive a referral from their GP
- Be visited in hospital by a needs assessor
- Directly contact the local DHB and request a needs assessment. You'll find the phone number for your local DHB at www.health.govt.nz or call 0800 855 066

2

NAME AN ENDURING POWER OF ATTORNEY

This person is responsible for the personal care, property and welfare of your loved one and can help with making decisions if or when they are not able to do so for themselves. A lawyer or the Public Trust can help with this.

3

CHOOSE THE RIGHT ROOM

Contact us to organise a time to look around Kumeu Village, enjoy a coffee and a little something from the café, and chat to us about what our home has to offer.

4

PAYING FOR CARE

To help pay for their care, your loved one may qualify for a subsidy or a loan. Contact Work and Income New Zealand or visit workandincome.govt.nz for more information on how to apply. You can apply for these before or just after moving into care.

5

MOVING IN

Before your loved one can move, we'll need the admission agreement completed and signed. You might also like to add personal touches to your loved one's room beforehand, so it feels warm, familiar and welcoming when they arrive. Everyone settles in differently – we're here to help you make this transition as smooth and as comfortable as possible.

PRICING AND INCLUSION

The current district health board set base fee is
\$1,423.10 per week (\$203.30 per day), including GST

If you meet the Asset Testing Threshold, the bulk of your fee may be covered by the District Health Board's residential care subsidy.

Extra charges

We carry a premium charge for our rooms on top of the base fee, due to the size and access of the rooms, the extra services we offer and our staffing ratios, please visit the pricing page of our website, or call us for more information on these charges. The premium charges for Kumeu Village and the Ladybug range from \$95 to \$120 per day (incl. GST), depending on Level of Care and room type.

This base fee covers

- All meals
- 24-hour care
- 24-hour registered nursing
- Doctor visits
- Medications (Pharmac-funded only)
- Incontinence products (standard)
- Activities programme and scheduled outings
- Weekday fitness classes



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